Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bekaert Sophie HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 200M MEDLEY MIXED 10-9 — Heat:3, starttime: 14:10

Heat: 3/3 Lane : 5 Athlete: VANSIELEGHEM HANNAH — **Q-time: 03:35:00**

PB (25m pool): 03:49.49 Zottegem 01/03/2026 **PB (50m pool):** 03:35.00 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:48.96		no time		no time		03:49.49
		00:48.96						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:2, starttime: 14:15

Heat: 2/13 Lane : 1 Athlete: REYSERHOVE ANSE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 14:15

Heat: 3/13 Lane : 3 Athlete: VIANE AMELIA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 14:15

Heat: 3/13 Lane : 6 Athlete: BEERENS LEONIE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 14:15

Heat: 5/13 Lane : 2 Athlete: ROGIERS ANNA — **Q-time: 00:47:31**

PB (25m pool): 00:47.31 Eeklo 21/09/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		00:47.31	
		00:47.31	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/13 Lane : 2 Athlete: EYCKEN ENORA — **Q-time: 00:45:11**

PB (25m pool): 00:45.11 Dendermonde. 22/11/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		00:45.11	
		00:45.11	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/13 Lane : 6 Athlete: SCHOENMAEKERS ALIX — **Q-time: 00:46:97**

PB (25m pool): 00:46.97 Dendermonde. 22/11/2025 **PB (50m pool):** 00:49.21 **SB:** no time

	25 M	50 M	
PB		00:46.97	
		00:46.97	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:7, starttime: 14:20

Heat: 7/13 Lane : 1 Athlete: AUDENAERT LORE **Q-time: 00:44:56**

PB (25m pool): 00:44.56 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:44.56 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:44.56	
		00:44.56	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:7, starttime: 14:20

Heat: 7/13 Lane : 4 Athlete: CHRISTIAENS NORE **Q-time: 00:44:08**

PB (25m pool): 00:45.16 Dendermonde. 22/11/2025 **PB (50m pool):** 00:44.08 **SB:** no time

	25 M	50 M	
PB		00:45.16	
		00:45.16	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:7, starttime: 14:20

Heat: 7/13 Lane : 6 Athlete: VANSIELEGHEM AMBER **Q-time: 00:44:66**

PB (25m pool): 00:44.66 Dendermonde. 22/11/2025 **PB (50m pool):** 00:45.42 **SB:** no time

	25 M	50 M	
PB		00:44.66	
		00:44.66	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:8, starttime: 14:20

Heat: 8/13 Lane : 3 Athlete: RABAEYS LAURE **Q-time: 00:42:29**

PB (25m pool): 00:42.29 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:45.24 **SB:** 00:42.29 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:42.29	
		00:42.29	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:8, starttime: 14:20

Heat: 8/13 Lane : 4 Athlete: MAERTENS LOTTE **Q-time: 00:42:30**

PB (25m pool): 00:42.30 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:42.30 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:42.30	
		00:42.30	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:9, starttime: 14:20

Heat: 9/13 Lane : 4 Athlete: VERVAECK MAUD **Q-time: 00:41:65**

PB (25m pool): 00:41.65 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:41.65 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:41.65	
		00:41.65	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:11, starttime: 14:25

Heat: 11/13 Lane : 4 Athlete: DE MEY AURORA **Q-time: 00:37:99**

PB (25m pool): 00:37.99 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:37.99 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:37.99	
		00:37.99	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 50M BACKSTROKE WOMEN 11+ Heat:12, starttime: 14:25

Heat: 12/13 Lane : 1 Athlete: GOOTJES JASMIJN **Q-time: 00:37:28**

PB (25m pool): 00:37.28 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:40.15 **SB:** 00:37.28 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:37.28	
		00:37.28	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 2: 50M BACKSTROKE WOMEN 11+ — Heat:13, starttime: 14:25

Heat: 13/13 Lane : 3 Athlete: MARTELé LORE — **Q-time: 00:34:94**

PB (25m pool): 00:34.94 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:36.13 **SB:** 00:34.94 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:34.94	
	00:34.94		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:2, starttime: 14:30

Heat: 2/11 Lane : 2 Athlete: NATALCHUK YAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:3, starttime: 14:30

Heat: 3/11 Lane : 5 Athlete: HUENS BENT — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:4, starttime: 14:30

Heat: 4/11 Lane : 3 Athlete: DE BAERDEMACKER JULES — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:4, starttime: 14:30**

Heat: 4/11 Lane : 4 Athlete: VAN DEN BOSSCHE PIETER-JAN **Q-time: 99:99:99**

PB (25m pool): **no time** **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:4, starttime: 14:30**

Heat: 4/11 Lane : 5 Athlete: ROELS RUBEN **Q-time: 99:99:99**

PB (25m pool): **00:32.48 Eeklo 15/09/2024** **PB (50m pool):** 00:35.12 **SB:** no time

	2 5 M	5 0 M	
PB		00:32.48	
		00:32.48	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:4, starttime: 14:30**

Heat: 4/11 Lane : 6 Athlete: BULCKAEN TOON **Q-time: 99:99:99**

PB (25m pool): **no time** **PB (50m pool):** no time **SB:** no time

	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ **Heat:6, starttime: 14:30**

Heat: 6/11 Lane : 3 Athlete: RABAEYS LUCAS **Q-time: 00:40:71**

PB (25m pool): **00:40.71 Dendermonde. 22/11/2025** **PB (50m pool):** 00:42.47 **SB:** no time

	2 5 M	5 0 M	
PB		00:40.71	
		00:40.71	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:6, starttime: 14:30

Heat: 6/11 Lane : 5 Athlete: GLAZEMAKERS LOWIE **Q-time: 00:42:65**

PB (25m pool): 00:42.65 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:42.65 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:42.65	
		00:42.65	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:6, starttime: 14:30

Heat: 6/11 Lane : 6 Athlete: VAN HULLE MAURO **Q-time: 00:43:90**

PB (25m pool): 00:43.90 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:46.54 **SB:** 00:43.90 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:43.90	
		00:43.90	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:8, starttime: 14:35

Heat: 8/11 Lane : 4 Athlete: DE STROOPER ZEV **Q-time: 00:37:20**

PB (25m pool): 00:37.20 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:37.20 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:37.20	
		00:37.20	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:8, starttime: 14:35

Heat: 8/11 Lane : 6 Athlete: VERNIERS ROBIN **Q-time: 00:37:97**

PB (25m pool): 00:37.97 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:46.39 **SB:** 00:37.97 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:37.97	
		00:37.97	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:9, starttime: 14:35

Heat: 9/11 Lane : 2 Athlete: VERMEULEN DAAN **Q-time: 00:35:34**

PB (25m pool): 00:35.34 EEKLO 04/10/2026 **PB (50m pool):** 00:36.04 **SB:** 00:35.34 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:35.34	
	00:35.34		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:9, starttime: 14:35

Heat: 9/11 Lane : 3 Athlete: COUTANT YARNE **Q-time: 00:34:81**

PB (25m pool): 00:34.81 Dendermonde. 22/11/2025 **PB (50m pool):** 00:36.91 **SB:** no time

	2 5 M	5 0 M	
PB		00:34.81	
	00:34.81		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:9, starttime: 14:35

Heat: 9/11 Lane : 4 Athlete: BODDAERT LUCAS **Q-time: 00:34:96**

PB (25m pool): 00:34.96 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:37.04 **SB:** 00:34.96 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:34.96	
	00:34.96		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ Heat:9, starttime: 14:35

Heat: 9/11 Lane : 5 Athlete: GILLET JOLAN **Q-time: 00:35:83**

PB (25m pool): 00:35.83 Gent 23/02/2025 **PB (50m pool):** 00:36.80 **SB:** no time

	2 5 M	5 0 M	
PB		00:35.83	
	00:35.83		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:10, starttime: 14:35

Heat: 10/11 Lane : 2 Athlete: POLLET MILO — **Q-time: 00:34:08**

PB (25m pool): 00:34.08 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:36.92 **SB:** 00:34.08 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:34.08	
	00:34.08		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:10, starttime: 14:35

Heat: 10/11 Lane : 6 Athlete: MARTELé STAN — **Q-time: 00:34:58**

PB (25m pool): 00:33.91 Diksmuide 01/11/2026 **PB (50m pool):** 00:35.54 **SB:** 00:33.91 Diksmuide 01/11/2026

	25 M	50 M	
PB		00:33.91	
	00:33.91		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 50M BACKSTROKE MEN 11+ — Heat:11, starttime: 14:35

Heat: 11/11 Lane : 3 Athlete: VANBESIEN LOWIE — **Q-time: 00:30:58**

PB (25m pool): 00:30.38 Eeklo 01/04/2024 **PB (50m pool):** 00:35.25 **SB:** no time

	25 M	50 M	
PB		00:30.38	
	00:30.38		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:1, starttime: 14:40

Heat: 1/14 Lane : 5 Athlete: BEERENS LEONIE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:40

Heat: 2/14 Lane : 2 Athlete: AUDENAERT LORE **Q-time: 01:26:24**

PB (25m pool): 01:26.24 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:28.37 **SB:** 01:26.24 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.19		01:26.24	
		00:40.19		*00:46.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:3, starttime: 14:40

Heat: 3/14 Lane : 2 Athlete: ROGIERS ANNA **Q-time: 01:23:67**

PB (25m pool): 01:23.67 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:40.15 **SB:** 01:23.67 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.15		01:23.67	
		00:40.15		*00:43.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:45

Heat: 5/14 Lane : 1 Athlete: EYCKEN ENORA **Q-time: 01:20:13**

PB (25m pool): 01:21.34 Eeklo 19/04/2026 **PB (50m pool):** 01:20.13 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:38.22		01:21.34	
		00:38.22		*00:43.12*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:45

Heat: 6/14 Lane : 3 Athlete: MAERTENS LOTTE **Q-time: 01:16:18**

PB (25m pool): 01:16.18 Eeklo 06/04/2026 **PB (50m pool):** 01:20.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:35.49		01:16.18	
		00:35.49		*00:40.69*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:45

Heat: 6/14 Lane : 6 Athlete: RABAEYS LAURE **Q-time: 01:18:47**

PB (25m pool): 01:18.47 Eeklo 19/04/2026 **PB (50m pool):** 01:22.04 **SB:** 01:21.11 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.01		01:18.47	
		00:36.01		*00:42.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:8, starttime: 14:50

Heat: 8/14 Lane : 5 Athlete: VIANE AMELIA **Q-time: 01:13:61**

PB (25m pool): 01:13.61 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:13.61 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.82		01:13.61	
		00:34.82		*00:38.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:11, starttime: 14:55

Heat: 11/14 Lane : 5 Athlete: DE MEY AURORA **Q-time: 01:09:68**

PB (25m pool): 01:09.68 Eeklo 19/04/2026 **PB (50m pool):** 01:11.66 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.92		01:09.68	
		00:33.92		*00:35.76*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M FREESTYLE WOMEN 11+ Heat:12, starttime: 14:55

Heat: 12/14 Lane : 6 Athlete: GOOTJES JASMIJN **Q-time: 01:08:79**

PB (25m pool): 01:08.79 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:11.48 **SB:** 01:08.79 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.37		01:08.79	
		00:33.37		*00:35.42*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 4: 100M FREESTYLE WOMEN 11+ — Heat:14, starttime: 15:00

Heat: 14/14 Lane : 3 Athlete: MARTELé LORE — **Q-time: 01:05:26**

PB (25m pool): 01:03.86 Sinbad 23/07/2024 — **PB (50m pool):** 01:05.57 **SB:** 01:05.26 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:03.86	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 15:05

Heat: 2/12 Lane : 4 Athlete: HUENS BENT — **Q-time: 01:33:45**

PB (25m pool): 01:33.45 Gent 23/02/2025 — **PB (50m pool):** 01:33.89 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.62		01:33.45	
	00:44.62		*00:48.83*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:2, starttime: 15:05

Heat: 2/12 Lane : 6 Athlete: NATALCHUK YAN — **Q-time: 99:99:99**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:4, starttime: 15:05

Heat: 4/12 Lane : 3 Athlete: VAN HULLE MAURO — **Q-time: 01:17:94**

PB (25m pool): 01:17.94 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:25.37 **SB:** 01:17.94 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.85		01:17.94	
	00:36.85		*00:41.09*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:4, starttime: 15:05

Heat: 4/12 Lane : 6 Athlete: RYCKAERT MATTHIEU — **Q-time: 01:21:40**

PB (25m pool): no time **PB (50m pool):** 01:21.40 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:5, starttime: 15:10

Heat: 5/12 Lane : 3 Athlete: VAN DEN BOSSCHE PIETER-JAN — **Q-time: 01:16:00**

PB (25m pool): 01:16.00 Eeklo 19/04/2026 **PB (50m pool):** 01:16.06 **SB:** 01:17.55 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.75		01:16.00	
		00:36.75		*00:39.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 15:10

Heat: 6/12 Lane : 4 Athlete: VERNIERS ROBIN — **Q-time: 01:14:41**

PB (25m pool): 01:11.43 Diksmuide 01/11/2026 **PB (50m pool):** 01:16.87 **SB:** 01:11.43 Diksmuide 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:34.07		01:11.43	
		00:34.07		*00:37.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 15:15

Heat: 8/12 Lane : 2 Athlete: RABAEYS LUCAS — **Q-time: 01:07:23**

PB (25m pool): 01:07.23 Eeklo 19/04/2026 **PB (50m pool):** 01:11.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:31.53		01:07.23	
		00:31.53		*00:35.70*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 15:15

Heat: 8/12 Lane : 4 Athlete: BODDAERT LUCAS — **Q-time: 01:07:13**

PB (25m pool): 01:07.13 Temse 31/05/2026 — **PB (50m pool):** 01:10.56 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.75		01:07.13	
		00:32.75		*00:34.38*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:9, starttime: 15:15

Heat: 9/12 Lane : 2 Athlete: DE STROOPER ZEV — **Q-time: 01:05:40**

PB (25m pool): 01:05.40 EEKLO 04/10/2026 — **PB (50m pool):** 01:06.22 **SB:** 01:05.40 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.65		01:05.40	
		00:31.65		*00:33.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 15:15

Heat: 10/12 Lane : 2 Athlete: GILLET JOLAN — **Q-time: 01:03:60**

PB (25m pool): 01:03.60 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:05.34 **SB:** 01:03.60 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:30.26		01:03.60	
		00:30.26		*00:33.34*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 15:15

Heat: 10/12 Lane : 5 Athlete: MARTELé STAN — **Q-time: 01:04:69**

PB (25m pool): 01:04.69 Eeklo 21/04/2025 — **PB (50m pool):** 01:05.71 **SB:** 01:05.02 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.14		01:04.69	
		00:31.14		*00:33.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 15:15

Heat: 10/12 Lane : 6 Athlete: POLLET MILO — **Q-time: 01:04:88**

PB (25m pool): 01:04.88 Eeklo 19/04/2026 **PB (50m pool):** 01:05.82 **SB:** 01:05.43 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.57		01:04.88	
		00:31.57		*00:33.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 15:20

Heat: 11/12 Lane : 2 Athlete: COUTANT YARNE — **Q-time: 01:00:82**

PB (25m pool): 01:00.82 Eeklo 19/04/2026 **PB (50m pool):** 01:02.46 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:29.00		01:00.82	
		00:29.00		*00:31.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 15:20

Heat: 12/12 Lane : 1 Athlete: ROELS RUBEN — **Q-time: 00:59:94**

PB (25m pool): 00:59.94 Eeklo 21/04/2025 **PB (50m pool):** 01:01.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:28.64		00:59.94	
		00:28.64		*00:31.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M FREESTYLE MEN 11+ — Heat:12, starttime: 15:20

Heat: 12/12 Lane : 5 Athlete: BULCKAEN TOON — **Q-time: 00:59:20**

PB (25m pool): 00:59.20 Eeklo 21/04/2025 **PB (50m pool):** 01:00.40 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:20.46		00:59.20	
		00:20.46		*00:38.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:1, starttime: 15:20

Heat: 1/3 Lane : 2 Athlete: TEAM MEGA 3 — **Q-time: 02:25:42**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:2, starttime: 15:25

Heat: 2/3 Lane : 2 Athlete: TEAM MEGA 2 — **Q-time: 02:13:89**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 6: 4x50M FREESTYLE WOMEN 11+ — Heat:3, starttime: 15:25

Heat: 3/3 Lane : 2 Athlete: TEAM MEGA 1 — **Q-time: 02:07:22**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100	125	150	175	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:3, starttime: 15:50

Heat: 3/4 Lane : 4 Athlete: VAN HULLE MAURO — **Q-time: 06:23:29**

PB (25m pool): 06:23.29 Eeklo 06/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		01:28.56		no time		03:08.37
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225 M	250 M	275 M	300	325	350	375	400 M
PB		no time		no time		no time		06:23.29
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:3, starttime: 15:50

Heat: 3/4 Lane : 6 Athlete: GLAZEMAKERS LOWIE — **Q-time: 06:43:36**

PB (25m pool): 06:43.36 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 06:43.36 Sint-Amandsberg 18/10/2026

	25M	50M	75M	100M	125M	150M	175M	200M
PB		00:40.09		01:26.43		02:14.92		03:02.52
		00:40.09		*00:46.34*		*00:48.49*		*00:47.60*
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		03:50.57		04:38.39		05:24.03		06:43.36
		00:48.05		*00:47.82*		*00:45.64*		*01:19.33*

Coach feedback:

Event number: 7: 400M FREESTYLE MEN 11-12 — Heat:4, starttime: 15:55

Heat: 4/4 Lane : 5 Athlete: VERNIERS ROBIN — **Q-time: 05:55:42**

PB (25m pool): 05:55.42 Eeklo 06/04/2026 **PB (50m pool):** 06:25.36 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:24.11		no time		02:54.64
		no time						
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:55.42

Coach feedback:

Event number: 8: 400M FREESTYLE WOMEN 11-12 — Heat:1, starttime: 16:05

Heat: 1/2 Lane : 4 Athlete: BEERENS LEONIE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 8: 400M FREESTYLE WOMEN 11-12 — Heat:2, starttime: 16:10

Heat: 2/2 Lane : 4 Athlete: RABAEYS LAURE — **Q-time: 06:50:97**

PB (25m pool): 07:02.51 Eeklo 21/04/2025 **PB (50m pool):** 06:50.97 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:41.27		no time		03:34.03
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		07:02.51
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:1, starttime: 16:20

Heat: 1/13 Lane : 3 Athlete: NATALCHUK YAN — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:1, starttime: 16:20

Heat: 1/13 Lane : 4 Athlete: GLAZEMAKERS LOWIE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 200M MEDLEY MEN 11+ Heat:3, starttime: 16:30

Heat: 3/13 Lane : 1 Athlete: ROELS RUBEN **Q-time: 99:99:99**

PB (25m pool): 02:26.12 Sinbad 14/01/2024 **PB (50m pool):** 02:32.97 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:26.12
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ Heat:3, starttime: 16:30

Heat: 3/13 Lane : 5 Athlete: VAN DEN BOSSCHE PIETER-JAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ Heat:4, starttime: 16:30

Heat: 4/13 Lane : 2 Athlete: RYCKAERT MATTHIEU **Q-time: 03:32:44**

PB (25m pool): no time **PB (50m pool):** 03:32.44 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ Heat:4, starttime: 16:30

Heat: 4/13 Lane : 6 Athlete: HUENS BENT **Q-time: 03:40:97**

PB (25m pool): no time **PB (50m pool):** 03:40.97 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 200M MEDLEY MEN 11+ — Heat:6, starttime: 16:40

Heat: 6/13 Lane : 1 Athlete: DE BAERDEMACKER JULES — **Q-time: 03:07:89**

PB (25m pool): no time **PB (50m pool):** 03:07.89 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:7, starttime: 16:45

Heat: 7/13 Lane : 1 Athlete: POLLET MILO — **Q-time: 02:57:34**

PB (25m pool): 02:57.34 Sinbad 05/10/2025 **PB (50m pool):** 02:58.56 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.06		no time		no time		02:57.34
		00:40.06						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:8, starttime: 16:45

Heat: 8/13 Lane : 5 Athlete: GILLET JOLAN — **Q-time: 02:50:54**

PB (25m pool): 02:56.90 Sinbad 06/10/2024 **PB (50m pool):** 02:50.54 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:56.90
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ — Heat:10, starttime: 16:55

Heat: 10/13 Lane : 6 Athlete: MARTELé STAN — **Q-time: 02:44:35**

PB (25m pool): 02:44.35 Gent 23/02/2025 **PB (50m pool):** 02:46.84 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.13		01:18.67		02:08.06		02:44.35
		00:37.13		*00:41.54*		*00:49.39*		*00:36.29*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 200M MEDLEY MEN 11+ **Heat:11, starttime: 16:55**

Heat: 11/13 Lane : 1 Athlete: RABAEYS LUCAS **Q-time: 02:41:27**

PB (25m pool): 02:41.27 EEKLO 04/10/2026 **PB (50m pool):** 02:48.23 **SB:** 02:41.27 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:38.65		no time		no time		02:41.27
		00:38.65						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:11, starttime: 16:55**

Heat: 11/13 Lane : 3 Athlete: VERMEULEN DAAN **Q-time: 02:36:36**

PB (25m pool): 02:36.36 EEKLO 04/10/2026 **PB (50m pool):** 02:46.49 **SB:** 02:36.36 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:33.16		no time		no time		02:36.36
		00:33.16						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:11, starttime: 16:55**

Heat: 11/13 Lane : 6 Athlete: DE STROOPER ZEV **Q-time: 02:41:43**

PB (25m pool): 02:41.43 EEKLO 04/10/2026 **PB (50m pool):** 02:48.74 **SB:** 02:41.43 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:34.94		no time		no time		02:41.43
		00:34.94						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M MEDLEY MEN 11+ **Heat:13, starttime: 17:00**

Heat: 13/13 Lane : 2 Athlete: COUTANT YARNE **Q-time: 02:29:89**

PB (25m pool): 02:29.89 EEKLO 04/10/2026 **PB (50m pool):** 02:35.32 **SB:** 02:29.89 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:32.02		no time		no time		02:29.89
		00:32.02						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 9: 200M MEDLEY MEN 11+ Heat:13, starttime: 17:00

Heat: 13/13 Lane : 5 Athlete: VANBESIEN LOWIE **Q-time: 02:30:19**

PB (25m pool): 02:29.03 Meulebeke 25/02/2024 **PB (50m pool):** 02:30.19 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:29.03
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ Heat:1, starttime: 17:05

Heat: 1/17 Lane : 1 Athlete: AUDENAERT LORE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ Heat:1, starttime: 17:05

Heat: 1/17 Lane : 5 Athlete: VIANE AMELIA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ Heat:3, starttime: 17:15

Heat: 3/17 Lane : 1 Athlete: REYSERHOVE ANSE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 17:15

Heat: 3/17 Lane : 2 Athlete: VERVAECK MAUD — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:3, starttime: 17:15

Heat: 3/17 Lane : 4 Athlete: ROGIERS ANNA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:6, starttime: 17:25

Heat: 6/17 Lane : 4 Athlete: EYCKEN ENORA — **Q-time: 03:21:89**

PB (25m pool): 03:21.89 LAGO Zwevegem 09/06/2025 **PB (50m pool):** 03:23.04 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:50.92		01:41.20		02:39.65		03:21.89
	00:50.92		*00:50.28*		*00:58.45*		*00:42.24*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:7, starttime: 17:30

Heat: 7/17 Lane : 2 Athlete: VANSIELEGHEM AMBER — **Q-time: 03:18:16**

PB (25m pool): 03:18.16 EEKLO 04/10/2026 **PB (50m pool):** 03:21.92 **SB:** 03:18.16 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:46.22		no time		no time		03:18.16
	00:46.22							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:8, starttime: 17:35**

Heat: 8/17 Lane : 3 Athlete: CHRISTIAENS NORE **Q-time: 03:14:71**

PB (25m pool): 03:14.71 Eeklo 06/04/2026 **PB (50m pool):** 03:15.13 **SB:** 03:16.00 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:44.76		no time		no time		03:14.71
		00:44.76						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:9, starttime: 17:40**

Heat: 9/17 Lane : 2 Athlete: MAERTENS LOTTE **Q-time: 03:12:52**

PB (25m pool): 03:12.52 Eeklo 06/04/2026 **PB (50m pool):** 03:26.34 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:47.51		no time		no time		03:12.52
		00:47.51						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:9, starttime: 17:40**

Heat: 9/17 Lane : 4 Athlete: SCHOENMAEKERS ALIX **Q-time: 03:12:27**

PB (25m pool): 03:12.27 Eeklo 06/04/2026 **PB (50m pool):** 03:18.75 **SB:** 03:17.03 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:41.97		no time		no time		03:12.27
		00:41.97						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ **Heat:11, starttime: 17:45**

Heat: 11/17 Lane : 1 Athlete: GOOTJES JASMIJN **Q-time: 03:06:48**

PB (25m pool): 03:08.74 Sinbad 05/10/2025 **PB (50m pool):** 03:06.48 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:47.15		no time		no time		03:08.74
		00:47.15						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:14, starttime: 17:55

Heat: 14/17 Lane : 5 Athlete: MARTELé LORE — **Q-time: 02:55:75**

PB (25m pool): 02:51.40 Sinbad 06/10/2024 **PB (50m pool):** 02:58.12 **SB:** 02:59.95 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:51.40
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M MEDLEY WOMEN 11+ — Heat:16, starttime: 18:00

Heat: 16/17 Lane : 3 Athlete: DE MEY AURORA — **Q-time: 02:48:89**

PB (25m pool): 02:48.89 EEKLO 04/10/2026 **PB (50m pool):** 02:54.06 **SB:** 02:48.89 EEKLO 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:33.70		no time		no time		02:48.89
		00:33.70						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:1, starttime: 18:10

Heat: 1/2 Lane : 4 Athlete: TEAM MEGA 1 — **Q-time: 02:08:81**

PB (25m pool): PB (50m pool): SB:

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x50M FREESTYLE MEN 11+ — Heat:2, starttime: 18:10

Heat: 2/2 Lane : 4 Athlete: TEAM MEGA 3 — **Q-time: 01:50:35**

PB (25m pool): PB (50m pool): SB:

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Regiocrit. OVL Dag2: Session: 1: COACH evaluation sheet for TEAM: MEGA

Event number: 11: 4x50M FREESTYLE MEN 11+ **Heat:2, starttime: 18:10**

Heat: 2/2 Lane : 5 Athlete: TEAM MEGA 2 **Q-time: 01:52:76**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100	125	150	175	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: